

Walking Works Challenge MORAVIAN vs. MUHLENGERG

6 weeks – one goal: DEFEAT THE MULES!



March 19th
through
April 29th



Remember that EVERY SINGLE STEP COUNTS!

However, we need serious walkers. Though the competition is not just for our 'walking elite' your commitment is important. This time, it's not just for the "super-walkers" to get the job done!

RULES OF ENGAGEMENT (Rules to defeat MULES):

1. There are no conversions this time around. Only steps count. This keeps the competition all around honest.
2. Everyone can walk however as stated above your commitment is important. We are asking for 6 weeks of commitment.
3. Total average steps will be determined by total steps divided by total number of walkers. Walkers who don't commit pull down the average.
4. All benefits eligible walkers will be divided by the total number of benefits eligible employees to provide a percentage of benefits eligible participation.
5. Average steps multiplied by the number of benefits eligible participation will provide the total which will be compared to Muhlenberg's
6. Need a pedometer? Stop by the Human Resources Office to pick one up.
7. At the end of the competition, prizes will be awarded to both the highest stepper and other walkers drawn at random.

Let's not let the Big Guy down!!