Catalogue Description of Course: For prospective teachers. Aspects of health and safety in the classroom. Selected topics include: school safety, preventive health, child abuse, HIV/AIDS, substance abuse, suicide prevention, eating disorders and related topics. This course is for students preparing for educational careers.

Design of Course: In order to introduce the prospective educator to selected concepts of health and safety this course will utilize student projects, reports, posters, web pages, and guest speakers for the content in the weekly classes. The required variations for each developmental level represent by the K-12 student will be identified in concept/topic and for each student project. Recognition of the wide range of cultural and socio-economic issues represented in today’s classroom is an integral part of each concept/topic.

Class topics include the following (order of concepts maybe may change due to speakers or student needs):

1. Concept of Vulnerability with students K-12
   - Safety for students and educators K-12
   - Identification of a safe environment, safe behavior
   - Factors that disrupt safety of students and staff in schools
   - Handling of emergency situations – minor to crisis
   - Personal protection
     - Developmental differences for students
     - Teacher safety
     - National Standards
   - Health for students K – 12
     - Identification of common health risk factors for K -12
     - Handling of emergency situations – minor
     - Personal protections
       - Development differences
       - National Standards

2. Concept – Vulnerability
   - Abuse occurring with pupils in K-12
   - Recognition of abuse – developmental differences
   - Who are the abusers – adults and peers
   - Types of abuse – neglect, physical, emotional, sexual abuse, student to student abuse
   - Regulations – school system, state laws, reporting procedures, mandated reports/reporter
3. Concept – Coping/Stress

- Substance Abuse, Eating Disorders, Suicide, HIV/AIDS, teen pregnancy and sexually transmitted diseases
- Identification of at risk groups – developmental differences
- Recognition of the stress for the individual student and/or groups of students
- Family dynamics
- Society attitudes/cultural responses
- Coping strategies
  - Educator’s role
  - Educational system’s role
  - Health care system’s role

Course Requirements:

1. 100% attendance of all 7 classes.

2. At the end of each class submit a 3 x 5 or 4 x 6 card with 1 web site on the class topic and a few sentences explaining the “value” of this site to an educator. At the end of the class each student will present the information from the web site if it is not discussed during the class.

   OR

   submit a 3 x 5 or 4 x 6 card with 2 questions regarding the topic that the student desires to learn during the class. At the end of each class the student should be sure their questions have been answered. If they have not been answered the presenter will ask for student questions.

3. Reading or Web site critiques as posted on the Blackboard assignments.

4. Successful completion of a project. Students may select one of the options listed below for a project. Guidelines for each project are found on Blackboard. **Students must make a decision for a project and notify instructor by the second class date.** Also the student must communicate the chosen type of project, identification of topic and identification of targeted developmental level by the second class date. Please utilize email or appointments to discuss your project with the professor.

5. **REMINDER:** all project should reflect a chosen developmental level such as k-3, 4-5-6 grades, middle school, secondary school, etc.

   **Possible Projects are:** (choose one of the following)

   - A professional poster for other teacher/educators. *This poster is NOT for students.*
   - An oral presentation for the class to be given in identified classes. See the dates indicated on the **sign-up sheet for dates.**
   - A power point presentation to be given in class, see oral presentation for topics and dates.
   - Traditional research paper with appropriate media or published references and writing styles on a PE 236 topic. The paper must be submitted electronically by the 6th class.
   - Review of 7-8 Web sites with annotated biographic of each site on a class topic in a “traditional” paper style. The paper must be submitted electronically by the 6th class.
   - A Web page on a class topic that would be utilized by teachers/educator for selected developmental level. The web site must be completed by the 6th class.
   - Other projects are negotiable. See the professor to discuss another type of project **BEFORE THE SECOND CLASS DATE.**

6. Grades for this course are pass/fail based on the fulfillment of attendance, weekly assignments, project criteria and completion of the course evaluation on BlackBoard.

Revised August 2005
Moravian College
Bethlehem, PA
Fall 2005– PE 236
Health and Safety
Section A
Class Schedule

Note speakers and topic maybe moved if necessary. Check Blackboard announcements weekly for any possible changes.

September 2, 2005  Introduction, course requirements
Standards of Health & Safety K-12

September 9, 2005  School safety/Liability – Speaker &/or Students

September 16, 2005  Concepts of Vulnerability & Coping Stress
Student presentation on Bullying/Hazing & Safety

September 23, 2005  Teen pregnancy and sexual disease/concern –
Speaker &/or Student presentation

September 30, 2005  Crisis: Suicide and other mental concerns
Speaker &/or Student presentation

October 7, 2005  Substance abuse – all types of substance,
Obesity and eating disorders Speaker &/or student presentation

All written papers/projects due

October 14, 2005  HIV/AIDS – guest speaker
Possible student presentations

Alma Anne Miles, PhD
Office: Hamilton 100
Office hours See BB announcements
milesa@moravian.edu
610 625 7862 for messages