PE 241 FIRST AID AND CPR

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Tuesday – Thursday
12:50 – 1:40pm

Text: National Safety Council, FIRST AID, CPR and AED (REQUIRED)

Requirements:
1. 25% attendance
2. 15% assigned chapter quizzes
3. 30% final exam
4. 30% CPR practical test

Schedule:
Week 1
Aug.30: Introduction, Chapter 1
Sept.1: Action at an emergency, Chapter 2

Week 2
Sept. 6: Basic Life support, Chapter 3
Sept. 8: AED review

Week 3
Sept. 13: Basic life support – practical test
Sept.15: Basic life support – practical test

Week 4
Sept. 20: Bleeding and Wound Care, Chapter 4
Sept. 23: Shock/ Burns, Chapters 5 & 6

Week 5
Sept. 27: Serious Injuries, Chapter 7
Sept. 29: Bone, Joint, and Muscle Injuries, Chapter 8

Week 6
Oct. 4: Sudden Illness, Chapter 9
Oct. 6: Poisoning, Chapter 10

Week 7

Week 8
Oct. 18: Written final exam