Nursing 321: Integrative Therapies in Health
Spring, 2005

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Office hours: Monday: 1:00-2:30; Thursday: 1:00-4:00 and by appointment

Class meets: Mondays: 10:20 AM-12:40 PM
Location: PPHAC 301

Catalog/Course Description:
This nursing elective course seeks to examine selected complementary and alternative therapies. Issues related to the integration of complementary therapies into health care and development of a nursing perspective on utilization of complementary therapies for treatment and healing will be discussed. Selected opportunities for clinical experience and field study may be included.

Course credits:
Course units: 1
Theory Hours: 3

Prerequisites: Successful completion (grade of B- or above) of Nurs 110, Nurs 210.2, Nurs 211.2, Nurs 212, Nurs 310, and Nurs 311, or by nursing department permission.

Co-requisites: None

Course Objectives:
1.) Develop a knowledge base in selected complementary and alternative therapies.
2.) Explore the role of complementary and alternative therapies in health care.
3.) Analyze current research studies and literature on complementary and alternative therapies.
4.) Determine effective complementary and alternatives therapies for selected clinical conditions.
5.) Develop a nursing perspective on use of complementary and alternative therapies for treatment and healing.
6.) Examine complementary and alternative therapies from the perspective of research-based evidence for practice.

Process:
The student will engage in this seminar course in a learner-directed fashion with primary ownership for her/his own learning. Using the guides in the syllabus, directives, Blackboard materials, and seminar discussion and presentation, the student will devise a learning plan for the course. The statements below define activities that the student will be expected to accomplish during the course.

1.) Students will critically evaluate selected complementary/alternative therapies and related research through seminar and discussion, written journal reflections, written research critiques, group and formal presentations, and quizzes and final exam. See directives:
   - Reflective Journals
   - Research Critique
   - Formal presentation
   - Group presentation

2.) Students will engage in independent study of a selected complementary/alternative therapy. This may involve an interview with a professional practitioner in the selected therapy, at the student’s discretion. See directive:
   - Formal presentation

3.) Students will examine case studies from the perspective of client experiences and outcomes in utilizing complementary or alternative therapies. See directives:
   - Formal presentation
   - Group presentation

4.) Students will explore the nursing perspective in utilizing complementary and alternative therapies and discuss the efficacy of therapies for selected clinical conditions. See directives:
   - Group presentation
   - Formal presentation
5.) Students can expect to work 6-8 hours per week outside of class preparing for this class.

6.) "Students with disabilities who believe they may need accommodations in this class are encouraged to contact the Learning Services Office as soon as possible to enhance the likelihood that such accommodations are implemented in a timely fashion" (Traupman-Carr, 2003, Message from the Dean).

**Learning Strategies:**
- Blackboard
- Seminar/discussion
- Quizzes and Exam
- Case study analysis
- Observation and Participation in selected modalities
- Oral presentation of selected topic(s)
- Journal reflections
- Written research critique
- Group study and presentation
- Use of web sites/on-line learning resources pertinent to topic

**Course requirements:**

**I. Grading Policy:**

**Successful completion of the course requires a B- in theory for Nursing majors.**

1. Assignments are expected on or before their due date. Five points per day will be deducted from grade for any late assignment. Assignments that are more than 3 (three) days late will not be accepted and will receive a grade of "0".

2. For nursing majors, a grade of B- or better is required in each nursing course. The grading scale is as follows:

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<tr>
<th>Grade</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>A</td>
<td>93-100</td>
</tr>
<tr>
<td>A-</td>
<td>90-92</td>
</tr>
<tr>
<td>B+</td>
<td>87-89</td>
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<tr>
<td>B</td>
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<td>B-</td>
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<tr>
<td>D-</td>
<td>60-62</td>
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<td>F</td>
<td>&lt;=60</td>
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Methods of Evaluation:

* Reflective Journals                      18%
* Formal Presentation on selected 
   Complementary/alternative therapy      17%
* Written Research Critique              15%
* Group Presentation                     15%
* Quizzes (3)                            15%
* Final Exam                             20%

* Portfolio Evidence to support student development based on core components:

<table>
<thead>
<tr>
<th>Community</th>
<th>Holism</th>
<th>Inquiry</th>
<th>Professionalism</th>
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<tbody>
<tr>
<td>adaptation</td>
<td>health</td>
<td>critical thinking</td>
<td>professional roles</td>
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<td>wellness</td>
<td>research</td>
<td>accountability</td>
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<td></td>
<td></td>
<td>reflective thinking</td>
<td>communication</td>
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<td></td>
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<td>legal and ethical issues</td>
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II. Attendance Policy:

1. Class attendance at specified meeting times is an expectation.
2. Students are expected to be prepared for class and to contribute to 
   class discussion of material. Preparation includes completion of assigned 
   readings, review of blackboard and on-line materials, and other 
   designated assignments.
3. There will be a deduction of 5 points from the final grade for each 
   unexcused absence.
4. If unable to attend a class, you must contact the course faculty via 
   email or phone. Students are responsible for any material presented in 
   class in their absence. Obtaining handouts, notes, and other class 
   material is the responsibility of the student.

III. Academic Honesty Policy:

Plagiarism is the intentional use of another's words or ideas as your own. 
This can range from using another individual's direct words or changing the 
words slightly (paraphrasing) without the appropriate citation to purchasing 
a paper from the Internet or a professional writing service. Evidence of 
plagiarism or academic dishonesty will be handled according to the college
policy on academic honesty, copies of which are available in the nursing department. You are held accountable to the requirements of "Academic Honesty at Moravian College" as stated in the Student Handbook.

Required Text: *


Required Readings on reserve in Reeves Library:


* Additional readings may be assigned during the course

*This syllabus is subject to change.
*As stated in a document from the Dean's Office, "it is within the instructor's purview to apply qualitative judgment in determining grades for an assignment or for a course."