Moravian College
Bethlehem, PA
Spring 2005– PE 236
Health and Safety

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Design of Course: In order to introduce the prospective educator to selected concepts of health and safety this course will utilize student projects, reports, posters, web pages, and guest speakers in the weekly classes. The variation for each developmental level represent by the K-12 student will be identified for each concept and each student project. Recognition of the wide range of cultural and socio-economic represented in today’s classroom is an integral part of each concept.

Class topics include the following (order of classes 2-6 maybe may change):

1. Concept of Vulnerability
   - Safety for students and educators K-12
     - Identification of a safe environment, safe behavior
     - Factors that disrupt safety of students and staff in schools
     - Handling of emergency situations – minor to crisis
     - Personal protection
       - Developmental differences for students
       - Teacher safety
       - National Standards
   - Health for students K – 12
     - Identification of common health risk factors for K -12
     - Handling of emergency situations – minor
     - Personal protections
       - Development differences
       - National Standards

2. Concept – Vulnerability
   - Abuse occurring with pupils in K-12
     - Recognition of abuse – developmental differences
     - Who are the abusers – adults and peers
     - Types of abuse – neglect, physical, emotional, sexual abuse, student to student abuse
     - Regulations – school system, state laws, reporting procedures, mandated reports/reporter

3. Concept – Coping/Stress
   - Substance Abuse, Eating Disorders, Suicide, HIV/AIDS, teen pregnancy and sexually transmitted diseases
     - Identification of at risk groups – developmental differences
     - Recognition of the stress for the individual student and/or groups of students
     - Family dynamics
     - Society attitudes/cultural responses
     - Coping strategies
       - Educator’s role
       - Educational system’s role
       - Health care system’s role
Course Requirements:

1. 100% attendance of all 7 classes.
2. At the end of each class submit a 3 x 5 or 4 x 6 card with 2 questions on the class topic. At the end of each class the student should be sure their questions have been answered. If they have not been answered the presenter will ask for student questions and the questions will be answered.
3. Reading or Web site critiques when posted on Blackboard.
4. Successful completion of a project. Students may select one of the options listed below for a project. Guidelines for each project are found on Blackboard. Students must make a decision for a project and notify instructor by the second class date. Also the student must communicate the chosen type of project, identification of topic and identification of targeted developmental level by the second class date. Please utilize email or appointments to discuss your project with the professor.

Possible Projects are: (choose one of the following)

- A professional poster for other teacher/educators. This poster is NOT for students.
- An oral presentation for the class to be given in identified classes. See the dates indicated on the sign-up sheet for dates.
- A power point presentation to be given in class, see oral presentation for topics and dates.
- Traditional research paper with appropriate media or published references and writing styles on a PE 236 topic. The paper must be submitted electronically by the 6th class.
- Review of 7-8 Web sites with annotated biographic of each site on a class topic in a “traditional” paper style. The paper must be submitted electronically by the 6th class.
- A Web page on a class topic that would be utilized by teachers/educator for selected developmental level. The web site must be completed by the 6th class.
- Other projects are negotiable. See the professor to discuss another type of project.

5. Grades for this course are pass/fail based on the fulfillment of attendance, weekly assignments, project criteria and completion of the course evaluation on BlackBoard.

Developed August 2002
Revised December 2005
Moravian College  
Bethlehem, PA  
Spring 2005– PE 236  
Health and Safety  
Section A

Class Schedule

*Note speakers and topic maybe moved if necessary. Check Blackboard announcements weekly for any possible changes.*

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
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| January 14, 2005 | Introduction, course requirements  
                      Standards of Health & Safety K-12                                |
| January 21, 2005 | School safety/Liability – Dr. Robert Foster  
                      Assistant Superintendent of Pen Argyl Schools                     |
| January 28, 2005 | Concepts of Vulnerability & Coping Stress  
                      Student presentation on Bullying/Hazing & Safety                   |
| February 4, 2005 | Teen pregnancy and sexual disease/concern –  
                      Student presentation?                                                |
| February 11, 2005 | Crisis: Suicide and other mental concerns  
                      Sharon Weidner, MSN, Mental Health Specialist and Faculty at St. Luke’s School of Nursing  
                      Student presentation                                                  |
| February 18, 2005 | Substance abuse – all types of substance  
                      Obesity and eating disorders – Student presentation                 |
| February 25, 2005 | HIV/AIDS – guest speaker Allen Smith, BSN  
                      Possible student presentations                                        |

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12/21/04