PE 241 FIRST AID AND CPR

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Tuesday – Thursday  
12:50 – 1:40pm, Fall 2006

Text: National Safety Council, FIRST AID, CPR and AED (REQUIRED)

Requirements:
1. 25% attendance
2. 15% assigned chapter quizzes
3. 30% final exam
4. 30% CPR practical test

Schedule:
Week 1
Aug.29: Introduction, Chapter 1
Aug. 31: Action at an emergency, Chapter 2

Week 2
Sept.  5: Basic Life support, Chapter 3
Sept.  7: AED review

Week 3
Sept. 12: Basic life support – practical test
Sept.14: Basic life support – practical test

Week 4
Sept. 19: Bleeding and Wound Care, Chapter 4
Sept. 21: Shock/ Burns, Chapters 5 & 6

Week 5
Sept.  26: Serious Injuries, Chapter 7
Sept.  28: Bone, Joint, and Muscle Injuries, Chapter 8

Week 6
Oct.  3: Sudden Illness, Chapter 9
Oct.  5: Poisoning, Chapter 10

Week 7

Week 8
Oct. 17: Written final exam