PE 241 FIRST AID AND CPR

Mary Beth Spirk
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610-861-1424  12:50 – 1:40pm, Fall 2007

Text: National Safety Council, FIRST AID, CPR and AED (REQUIRED)

Requirements:  1. 25% attendance
               2. 15% assigned chapter quizzes
               3. 30% final exam
               4. 30% CPR practical test

Schedule:
Week 1
Aug.28: Introduction, Chapter 1
Aug. 30: Action at an emergency, Chapter 2

Week 2
Sept. 4: Basic Life support, Chapter 3
Sept. 6: AED review

Week 3
Sept. 11: Basic life support – practical test
Sept.13: Basic life support – practical test

Week 4
Sept. 18: Bleeding and Wound Care, Chapter 4
Sept. 20: Shock/ Burns, Chapters 5 & 6

Week 5
Sept. 25: Serious Injuries, Chapter 7
Sept. 27: Bone, Joint, and Muscle Injuries, Chapter 8

Week 6
Oct. 2: Sudden Illness, Chapter 9
Oct. 4: Poisoning, Chapter 10

Week 7
Oct. 9: Fall break - off
Oct. 11: Heat and Cold Emergencies/Rescuing and Moving Victims, Chapters 11 & 12

Week 8
Oct. 16: Written final exam