Moravian College
PHED 133 Volleyball Syllabus

Spring 1 2010
January 18 - March 3, 2010
Period 3a: Mondays/Wednesdays 10:20am-11:10am
ARC

Instructor: Shelley Bauder
Phone: 610 625-7849 Email: ssb@moravian.edu
Department of Athletics and Physical Education Room 150
Office Hours 9:30AM-3:00PM Monday-Friday

Course Objectives: The student will learn basic volleyball skills such as the forearm pass, set, attack, block, and serve. The student will also gain a basic knowledge of the rules, and team offensive and defensive strategies.

Course Requirements: 1. Class attendance and participation is required. Students need to develop an alternate plan with the instructor in the event of illness prior to absences or immediately following class session missed. One unexcused absence is allowed.

2. Active participation is an expectation during class.

3. Appropriate dress: “Work out clothes”: T-shirt or sweatshirt, shorts or sweats, and court shoes.

4. Satisfactory grade on rules/skills quiz.

5. If all requirements are met the student will pass the course.

Method of Evaluation: 75% class participation/attendance
25% quiz

Please make sure that cell phones, beepers, iphones, itouches, ipods, psp’s and other electronic devices are turned OFF during class.