MAKE THE MOST OF YOUR TIME

AT MORAVIAN

Time Management Strategies

① Study every day!

① Plan two hours of study for every hour you spend in class.

① Avoid marathon study sessions.

① Use a planner to schedule academic and social activities.

① Study difficult (or boring) subjects first.

① Study when you are most alert - morning, afternoon, or night.

① Choose your study place carefully. (Never on your bed!)

① Pay attention. Check your comprehension often.

① Take a 5-minute break every hour.

① Minimize distractions. Turn off the cell phone and TV.

① Learn how to say “No”. “No, but I will after I finish studying.”

If you have any questions about implementing these strategies or would like to learn additional strategies, just call Learning Services to make an appointment.

Learning Services
1307 Main Street  610-861-1510