Moravian College has recently been voted one of the country’s best colleges for an undergraduate education by The Princeton Review. The 2014 edition of the annual guide, “The Best 378 Colleges”, features Moravian College, which was, as many may recall, not too long ago voted one of the top socially awkward schools.

Only about fifteen percent out of America’s 2,500 four-year colleges have made it into the prestigious guide, and now our beloved Moravian College is one of them! “The Best 378 Colleges” guide not only lists the best colleges, but also includes profiles of each school listed, eight categories in which each school is rated, and various surveys conducted by the students attending each college. In Moravian College’s profile, The Princeton Review acclaimed the college for the strong faculty and academic programs. Students attending Moravian are quoted, many of whom say they love the atmosphere of the campus, the clubs and activities, the career center, the buildings (especially the new gym!) and all other services are great. Collectively, the students that were surveyed for the guide noted that they were extremely happy on campus.

The colleges that are listed in “The Best 378 Colleges” have rating scores in eight different categories in which The Princeton Review tallies based on information from the previous school year and academic surveys. These categories include Academics, Admissions Selectivity, Financial Aid, Fire Safety, and Green, which measures how environmentally aware and responsible that school is. You can visit www.princetonreview.com/college/college-ratings.aspx to get all of the information regarding the specifics of each category.

Robert Franek, Princeton Review’s senior vice president and publisher and author of “The Best 378 Colleges”, commended Moravian College for the outstanding levels in academics, which is one of the most important criteria when making selections for the college guide.

Moravian College, which was once one of the best schools for the “socially awkward”, has now moved up in its position as being one of the best schools for students overall. Moravian’s academics, services, and friendly staff and students are what make the college so great and one of the best colleges to be!
The term "convocation", in its simplest sense, means "coming together". On Thursday, September 12, the Moravian College Community did just that to celebrate the new semester. A conventional review of Fall Convocation would probably describe the Processional of Regalia-clad faculty, the marching band performance, the credentials of the Keynote speaker, and the basics of the Presentation. While these are all significant, Moravian is not a conventional college. The Fall convocation deserves more than a superficial rehash.

Bioethicist Paul Root Wolpe, the guest speaker, responded to his introduction with gratitude. He was honored that Moravian recognized him for more than his credentials as an outstanding professor and scholar. "We do not need more knowledge," said Wolpe, "we need more wisdom."

One of Wolpe's most intriguing points was that "there is no science fiction anymore." He spoke of the engineering of fluorescent green rabbits, a mind-boggling feat. Ironically, the green rabbits symbolize scientific greed. "We create technologies, then miss how they re-create us," said Wolpe. Ethics are a massive gray area in the research field. The gray area is blurred more every time a new technology is introduced to society.

In fact, "We've lost the implicit reflective ability that comes from doing things gradually," said Wolpe. By punching numbers into a calculator, we miss out on developing problem-solving skills and understanding complex relationships. By watching a book-based movie, we miss out on the value of character development and the richness of language.

Wolpe's presentation reminded the audience of the importance of Liberal Arts. Moravian is one of the few institutions that safeguards humanities in interdisciplinary learning. If it were to abandon its philosophical roots, the school may produce more "green rabbits" than critical thinkers. Wolpe challenged Moravian students to take their education at face value. Knowledge is power, but too much power is counterproductive. After all, our only obligation is to "leave this world no worse off than we entered it," said Wolpe.

The event concluded with a series of questions from the faculty and a few brave students. The Moravian Community is thankful for Paul Root Wolpe's words of wisdom. In hindsight, Fall Convocation was truly stimulating for everyone in attendance: both personally and academically.

Don’t Stress Out, Work Out; Fitness Center Opportunities

By: Marie Mikols
Reporter

As the leaves slowly begin to change and the air becomes cooler, people are looking for new ways to stay in shape without battling the cold. In order to promote a healthy lifestyle among students, Moravian College turned its attention towards health and built a new fitness center, in front of Breidegam Field House, two years ago with state-of-the-art equipment. The students are utilizing it to the fullest extent and have positive feedback on the improvements.

The fitness center opened on December 22, 2011. Three years ago when students were asked what would enhance their "Moravian Experience," a new place to work out was on the top of their list. Logan Stano, 2014 (student), and Amanda Cavotl, 2014 (student), still remember how problematic the prior gym could be. "The equipment was extremely outdated and at four o'clock you didn't have room to move," said Stano. Cavotl also commented, "It was really small and there weren't as many machines and it could get really cramped."

When asked what they like best about the new improvements, Stano mentioned how he likes the performance center; the old fitness center which was turned into a training room. Here students have access to Olympic platforms, heavyweights, and squat racks. Cavotl said she likes that there are enough cardio machines and more people can come into the gym without it being a problem.

Other students use the fitness center to train for sports. Brent Leatherman, 2017 (student), said he likes "all the different equipment, like the free weights and machines" because he plays hockey and wants to stay healthy. Maria Maka, 2017 (student), uses the cardio machines to strengthen for lacrosse.

The equipment in the fitness center is a full line of Life Fitness and includes treadmills, ellipticals, bikes, summit climbers, stairmasters, and rowers. They offer special features such as the ability to plug in an iPod or use headphones to access a 55-inch television; a total of six in all.

Surprisingly, this is not one of the main incentives to work out. Many students just want to stay physically fit. "I use to play basketball and then when I stopped playing basketball I had a lot of energy and why not put all that energy to stay healthy?" said Stano.

If you are interested in working out at the fitness center for sports, to stay in shape, burn off some energy, or just to have fun, the fitness center hours are listed below.

Fitness Center Hours:
- Monday-Thursday: 6:00am-10:00pm
- Friday: 6:00am-8:00pm
- Saturday: 10:00am-6:00pm
- Sunday: 12:00pm-6:00pm

Performance Center Hours:
- Monday-Friday: 7:30am-7:30pm
- Saturday & Sunday: CLOSED
Health Care In Focus: Organ Transplantation

By: Stephanie Christ
Reporter

Science is constantly looking to prolong life.

The earliest descriptions of procedures resembling organ transplants can be found in Greek, Roman, and Chinese mythology, where gods performed life-saving surgeries by placing organs either from cadavers or animals into humans. Fast-forward a few thousand years to 1954, when the first successful transplant of a vital organ, a kidney, took place between identical twins. Since then, Russia, the U.S., and Syria have reached a framework agreement for Syria to turn over its chemical weapons. Under the agreement, Syria's arsenal of chemical weapons, as well as the materials and equipment to create them, will be destroyed by the middle of 2014.

Money also helps speed along the process byallowing a potential recipient to register at more than one transplant center. An evaluation, which is required for listing at a transplant center, can cost thousands of dollars. However, each center has its own policies regarding who they accept as candidates, and some may not allow candidates to have listings at other hospitals.

These are just some of the ethical concerns about organ allocation that are beginning to appear in the national media.

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The balance between urgency and efficacy is mediated by national policies made by the Organ Procurement and Transplantation Network (OPTN), a division of the Department of Health and Human Services (DHHS) that is administered by the private, non-profit organization the United Network for Organ Sharing.

Current national policies regarding who can and cannot receive transplants, as well as their place on the waiting list, are specific for each type of organ. Generally, people are excluded if they have an active neoplasm, an active addiction, are 75 years of age or older, psychosocially impaired, uninsured, or are an illegal alien. Exceptions to this list include illegal aliens who are children, and adult illegal aliens who can afford to pay for the entire transplant process, which can cost anywhere from $260,000 to $1.2 million, in cash.

Unfortunately, 6,500 people die waiting each year waiting for that chance. Organs are hard to find. There must be a good match between the donor and recipient in terms of blood type, tissue type, and organ size. Additionally, organs are more frequently being allocated for those patients who are mostly likely to benefit from a transplant, even if they are not necessarily the sickest person on the waiting list.

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part of their deceased child. At this point the best hope for Sarah’s survival was to receive adult lungs.

Desperate to keep their daughter alive, Sarah’s parents started a media campaign that captured the hearts of millions. Nightly segments on national news stations captured the attention of law makers who urged the DHHS to temporarily suspend a policy that would allow Sarah the chance to receive adult lungs. Despite the DHHS stating that it would be unfair to bend the rules just for Sarah, a federal judge issued a restraining order to block this policy for 10 days on June 5. Six days later, the OPTN approved a year long policy change that would allow doctors to recommend children under 12 for adult lungs to a review board. The review board would have a week to approve the request, taking into account the child’s lung allocation score, which is a measurement of the current health of a patient’s lungs.

The OPTN places the sickest children, like Sarah, in the third or fourth waiting group depending on location and blood/tissue type compatibility with the donor lungs. This is because when it comes to some organs, like lungs, size does matter.

Adult lungs are usually too large to fit properly in a child’s chest. They can be modified by removing parts of the lungs, but the new lungs will not grow as the child does, usually resulting in a need for another new pair of lungs once the child reaches adulthood. Pediatric donor lungs are extremely rare, but they are able to grow and would be the preferred fit for a child recipient.

But Sarah was out of options. She received her first adult double-lung transplant on June 12, but went into cardiopulmonary arrest later that night. Three days later she received her second transplant, which proved successful. She slowly began to improve, and was finally deemed healthy enough to return home on August 27.

Sarah’s dramatic story brought attention to the growing need for more donated organs.

President Grigsby
By: Megan Strohlein
Reporter

Moravian College and Seminary is very pleased to welcome its 16th president, President Grigsby. A 1990 alumn of the college, President Grigsby is thrilled to be back on campus. "I love being back at Moravian. Our students are incredibly mature and unique, which is inherent in being the 6th oldest school. Our students love tradition, history, and recognition." As a student at Moravian, Grigsby was an English major. Outside his studies, he played soccer and basketball, wrote for the Comenian, and served as President of the Zinzendorf society. He appreciated the unique atmosphere of the college, and he was attracted to the opportunities that students at larger schools do not always receive. Although he does not recall seriously planning on being President of the college during his time as an undergraduate, he said that he always hoped to serve Moravian at some level. "I always wanted to return in some capacity. I always felt that this was an amazing place, and that the faculty truly could transform the students by giving them the attention they need to thrive." After serving as vice president for academic affairs at Shenandoah University, he eventually aspired to return to Moravian as the President.

Moving from a university to a college and seminary is a large adjustment, but Grigsby is excited by the challenge. "I love the challenge of it and the learning opportunities it presents," said Grigsby, "The faculty has such great dreams for its students." Grigsby emphasizes that one of the biggest changes on campus since his own graduation is "the ubiquitous need to support technology in the classrooms". He emphasized the need for students to be prepared for the technology of the workplace, and the need for Moravian’s technology to continue moving forward. Moravian is implementing this by providing iPads and Macbooks to freshmen, starting with the freshmen of Class of 2018, and improving the wireless technology.

Students have been excited about the president’s newly adopted greyhound, renamed “Mo” after a campus-wide competition to choose a name. Grigsby is excited about the results of the competition, and he says that Mo is adjusting well to life on campus. A first-time greyhound owner, Grigsby is delighted with the breed. Along with being a wonderful pet, Mo allows Grigsby valuable opportunity to interact with residents on campus. “He makes me more approachable to the students,” explained Grigsby, “I have to be connected to the students.” Grigsby also engages with students by hosting movie nights at his home on South Campus, which are especially popular among South Campus residents.

Possibilities for an increase in organ supply include allowing the sale of organs either through a free market or a government regulated market. But this idea raises serious ethical questions, as some people may donate their organs solely for money, not to help another person.

Another possibility is to harvest organs from people declared dead by cardiopulmonary criteria: the cessation of a heartbeat and breathing. Currently most organs come from brain dead donors -- those who no longer have any brain function. But this new option poses a serious risk, as the organs to be harvested may be subjected to prolonged oxygen deprivation before reaching the recipient. Critics also worry that patients near death would receive sub-par care.

The third, most promising option is presumed consent, which assumes that people want to be organ donors upon their death. They would be able to opt out by registering or by telling a family member their wishes. This method has proven effective in Europe, where donation rates are up by about 25%.

Of course, the best scenario would be to avoid organ donation all together. With the rapidly expanding and improving technology of stem cell research, it is possible that organs can one day be grown in a laboratory and successfully transplanted in humans.

In the meantime, donors are still being sought. There is no cost to the donor, and anyone can donate tissue or organs. Only some serious diseases, such as HIV or cancer, can prevent people from donating organs. Visit www.organdonor.gov to learn more about organ donation and how to register as an organ donor.

One of the long-term goals President Grigsby is working towards is "keeping high quality education as affordable as possible." In order to provide scholarships for incoming students, the school works with donations, usually from alumni, to help minimize the costs of a private education. Grigsby acknowledges that Moravian students are "so appreciative of the attention and opportunities they receive," which is why they are often willing to give back to their Alma Mater. He hopes students remember that there is a "host of individuals they don't know who pay for their education."

As an alum, Grigsby fully understands how special Moravian’s students are. He described our student body as "diamonds in the rough," and said that he finds students to be very "very smart, mature, social, lots of fun, and with good energy." Grigsby hopes that students share stories of their experience as a Greyhound with him, so that he can let alumni and friends of the college know how truly valuable a Moravian education is. "My job is finding people to invest in the vision we have for Moravian," he told me.

Grigsby has regular open hours in which students can chat with him about life at Moravian, as well as questions and concerns about campus life.

The DHHS stated that it would be unfair to bend the rules just for Sarah, a federal judge issued a restraining order to block this policy for 10 days on June 5. Six days later, the OPTN approved a year long policy change that would allow doctors to recommend children under 12 for adult lungs to a review board. The review board would have a week to approve the request, taking into account the child’s lung allocation score, which is a measurement of the current health of a patient’s lungs.
Luhrmann’s rendition of “The Great Gatsby” fits true to his epic melodrama style. He takes old-movie theatrics and blends it with extravagant landscapes, time period music, over the top humor, and big-time actors.

It follows the life of character Nick Carraway (Tobey Maguire), who narrates his reunion with mysterious millionaire and new neighbor, Jay Gatsby. We see the book’s prohibition-era through the eyes of Maguire, who gives a surprising execution of his character. He catches the essence of Nick’s easy-going, yet occasionally sarcastic, personality. The parties he attends are lavish with jewels, booze, and beautiful women, yet they never escalate. Modern hip-hop is intertwined with classical piano music, and it catches Luhrmann’s contemporary essence. However, the beginning half is superficial in regards to its depth.

The movie takes a dark turn as the characters begin to increasingly interact, and there is less of a focus on wowing the audience. DiCaprio does a phenomenal job of incorporating Gatsby’s typical phrase “old sport”, with the use of his voice and accompanied body language. On paper, Gatsby is mysterious, which is seen through the eyes of DiCaprio in almost every scene. His interactions with Daisy (Carey Mulligan) are sexy and secretive, giving each of them significant depth. Mulligan is physically fitting for the part, and more appropriately, vocally fit. Like her description in the book, she has “a voice like money”. However, she is underrated and slightly overlooked. Gatsby and Nick overshadow her character the entire movie.

Despite the novel’s significantly older publication in 1925, the movie adaptation goes back in time to recreate a modernized version of the book. The wild, trashy, and over emphasized film depicts the characters in their entirety while captivating and entertaining its audience.

Kome Hibachi Steak House at the Promenade Shops

Kome, the Chinese hibachi steakhouse is an excellent place to have dinner, especially if you need a nice restaurant to take that special someone. It is a very up-scale restaurant. The food is amazing there. The chicken was grilled and tasty. The lo mein had all different types of vegetables in it, and was seasoned with their signature soy sauce. My food was cooked right in front of me, and it was extremely entertaining. He was so nice, and made sure that everyone at the table was having an enjoyable time while he was cooking their food. The service was excellent. The waitresses and waiters were always prompt and seeing if anyone needed anything, but not in an annoying kind of “bugging” manner. They would periodically check up and ask if we needed anything. If they saw that our water glasses were getting low, they would immediately fill it. The alcoholic beverages tasted amazing, and they weren’t made too strong for those of us who do not like a lot of alcohol in our drinks. Everything was also decently priced and is very fair. My whole meal for two people including drinks came to $40.80. This was a lot less money than you would normally spend at a Hibachi steak house.

I would suggest making a reservation before going to Kome. I had made a reservation, and I still had to wait 5 min for my table to become ready, but it was worth it in the end. Kome does not seem busy during the week, but it does pick up on the weekends. I would definitely recommend eating at Kome. It was such an enjoyable experience, and the food was so great! I am definitely going back again, and trying something new on their menu.
What’s New in the NFL

By: Adam Rinaldi
Reporter

As a new NFL season begins, so too does the inevitable flurry of head injuries. Despite the well-principled revisions to the rules by NFL President Roger Goodell and the NFL Players Association, it is clear after week 3 of the season that nothing will stop these serious ailments from occurring.

The new rule that the ball carrier or defender will be penalized for lowering his head outside the tackle box has been enforced multiple times, hearing complaints from runners that “...I’ve been running like that my whole career...” (Jackie Battle, running back of the Tennessee Titans). Older rules, such as the defenseless receiver and head to head contact from the defense on a receiving play, are all specifically geared toward deterring head contact collisions. These rules have been established to essentially no avail. It doesn’t prevent collisions, it penalizes them. In the eyes of the fans, these plays are a mere 5 minute pause to their enjoyment, and although it is sickening to view it in that manner, these people signed up for the risks of this employment.

What are our alternatives? Like I have stated in previous articles on the topic, why not make the helmets, which are specifically designed to protect against concussions, mandatory? Why not teach young kids the fundamentals to protect their head while competing? Traditions, or habits, are hard to break, but for the greater good, breaking them can help the situation.

In other news, Chip Kelly’s monster of an offense has gone airborne (or should I say ground-borne?) from the Oregon Ducks to the Philadelphia Eagles to wreak havoc on NFL defenses. Averaging nearly fifty yards more than any other team in rushing and only 20 yards less total (rushing and passing) per game, the key to their newfound success, besides the X’s and O’s, seems to be the hurry-up offense.

Most teams reserve their hurry-up offense for game situations such as only two minutes left in the half, or losing at the end of the game.

However, the Eagles run their hurry-up the entire game. Yes, just approximately 20 seconds after the end of one play, the next play is already commenced. To those of you who don’t clock the time in between plays, that is very quick. This gives less opportunity for the defense to make reads, adjustments, change personnel, and catch their breath. It also increases the number of plays in the game considerably.

So far the success on offense has not led to success on the win column. The Eagles are 1-2, just being beaten by their former Coach Andy Reid, who is now with the Kansas City Chiefs. Chip Kelly’s philosophy may have led to offensive success, but with more plays and time for the other team on the clock and a putrid defense, it is easy to see why the Eagles aren’t winning. The other teams will have many opportunities to stay in and win these games.